

Healing the Body

Through Mind and Metaphor

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Trust	Revenge	Bruising – See Skin Section
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	One	Poor Circulation
	Two	Stroke
	Three	Thrombophlebitis
	Four	Varicose Veins

THE RESPIRATORY SYSTEM

Examples of Respiratory System Problems

Asthma
Bronchitis
Cold
Congestion/Sinusitis
Cough
Drowning or Near Drowning
Emphysema
Hyperventilation
Pneumonia
SARS (Severe Acute Respiratory Syndrome)

THE NERVOUS SYSTEM (NERVES)

Examples of Nervous System Problems

Amyotrophic Lateral Sclerosis (ALS)
Bells palsy
Epilepsy
Multiple Sclerosis
Neuralgia
Paralysis
Parkinson's Disease
Sciatica
Seizures
Tics
Tremors

THE SKELETAL SYSTEM (BONES)

Examples of Skeletal System Problems

Back Pain
Bunions
Bursitis
Fracture
Gout
Knee – fluid build up
Osteoarthritis
Osteoporosis
Rheumatoid Arthritis
Rheumatism
Scoliosis
TMJ (jaw) joint problems
Wisdom tooth – impacted

THE MUSCULAR SYSTEM (MUSCLES)

Examples of Muscular System Problems

Carpal Tunnel Syndrome
Cramp (muscle)

Muscular Dystrophy
Sprains / Strains
Pulled Muscle

THE REPRODUCTIVE SYSTEM

Examples of Reproductive System Problems

Abortion, Still Birth or Miscarriage
Amenorrhoea
Birth defects
Castration
Cervical disease (cancer/dysphasia) – positive Pap test
Down's syndrome
Endometriosis
Fibrocystic Breast Disease
Fibroids – Uterine
Herpes (genital)
Impotence
Infertility
Menopause
Menstrual Cramps
Morning Sickness (chronic)
Premenstrual Tension or Syndrome (PMS)
Prostate Disease
Vaginal Itch
Yeast Infection (vaginal)

THE LYMPHATIC SYSTEM

Examples of Lymphatic System Problems

Lymphedema
Lymphoma (Hodgkin's Disease)

THE IMMUNE SYSTEM

Examples of Immune System Problems

AIDS (Acquired Immune Deficiency Syndrome)
Allergy
Autoimmune Disease
Cellulitis
Cold Sores
Dysentery, amoebic
Gangrene
Hay Fever
HIV (Human Immunodeficiency Virus)
Infection
Infection – Systemic
Inflammation
Influenza (Flu)
Laryngitis

Malaria
Mastitis
Meningitis
Mononucleosis (Glandular Fever)
Osteomyelitis
Parasites
Plantar wart
Poliovirus
Ringworm
Sty
Tuberculosis
Urethritis
Vaginitis
Venereal disease
Viral infections

THE MIND

Examples of Mind Problems

Addiction
Alcoholism
Alzheimer's Disease
Amnesia
Anxiety
Coma
Dementia
Depression
Hyperactivity
Insomnia
Narcolepsy
Schizophrenia

THE SENSES

Examples of Problems with the Senses

Cataracts
Deafness
Dry Eyes
Ear Infections
Far-Sightedness
Glaucoma
Macular Degeneration
Near-Sightedness
Pinkeye
Tinnitus
Vertigo

THE SKIN

Problems with the Skin

Acne
Athlete's Foot
Blisters
Boils
Bruising
Burns
Calluses
Dry Skin
Eczema
Hives (Urticaria)
Itching
Jaundice

Psoriasis
Rashes
Scarring
Shingles
Sweating (excessive)
Sweaty Palms
Sweaty Feet
Warts

THE DIGESTIVE SYSTEM

Examples of Digestive System Problems

Abdominal Bloating
Abdominal Cramps
Anorexia Nervosa
Appendicitis
Bedwetting – enuresis
Bulimia Nervosa
Canker Sores (mouth ulcers)
Cellulite – fat
Cholecystitis
Cholesterol – high (see Circulatory System)
Colitis
Constipation
Cystitis
Dental Cavities
Diabetes Mellitus
Diarrhea
Diverticular Disease
Gallstones
Gastritis
Gum Disease
Hemorrhoids
Hepatitis
Hiatus Hernia
Hypoglycemia
Incontinence – Urinary
Indigestion
Inflammatory Bowel Diseases
Kidney Stones
Nephritis
Obesity
Pancreatitis
Poisoning
Rectal Cancer
Rectal Itch
Rectal Pain
Stomachache
Ulcer - Stomach
Urinary Tract Infections

MISCELLANEOUS SECTION (SIGNS AND SYMPTOMS)

Accidents
Aches
Adrenal Glands
Aging problems
Apathy
Balance, loss of
Benign Tumor
Bleeding gums

Breath
Cancer
Chills
Chronic Fatigue
Syndrome (CFS)
Constriction
Cyst
Cystic Fibrosis
Oedema
Fainting - vasovagal attack
Fatigue and Lethargy
Fever
Goiter
Halitosis
Headache
Hyperactivity
Hyperthyroid
Hypothyroid
Migraine
Motion sickness (car / sea / air / swing)
Nail biting
Necrotic Disease
Numbness
Pain
Pituitary gland
Poison ivy
Rectal bleeding
Suicide
Vomiting and Nausea
Weakness
Wounds

PARTS OF THE BODY

Right Side
Left Side
Ankle
Arms
Arteries
Back
Belly Button
Bladder
Brain
Breasts
Buttocks
Calves
Capillaries
Cheeks
Chin
Clavicles (Collarbone)
Colon
Ears
Elbows
Eyebrows
Eyes
Face
Feet
Fingers
Finger – thumb
Finger - first
Finger - little

Finger - middle
Finger - ring
Forehead
Gall Bladder
Gums
Hair
Hands
Head
Heart
Heels
Hips
Intestines (Bowels)
Jaw
Joints
Kidneys
Knees
Legs
Lips
Liver
Lungs
Mouth
Nails
Neck
Nose
Ovaries
Pancreas
Pelvis
Penis
Prostate Gland
Rectum
Reproductive Organs
Ribs
Salivary Glands
Shins
Shoulder
Shoulder Blades
Soles
Spine
Spleen
Sternum
Stomach
Teeth
Temples
Testicles (Balls)
Throat
Thumbs (see 'Finger – Thumb')
Thyroid Gland
Toes
Toe – big
Toe - first
Toe - middle
Toe - fourth
Toe – little
Tongue
Uterus
Vagina
Veins
Wrist

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