

Healing the Body

Through Mind and Metaphor

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Example of Cross-Referencing

Malaria

Malaria is caused by protozoan parasites within our red blood cells and is the result of being bitten by an infected mosquito or having an infected blood transfusion. Malarial symptoms are chills, fever and sweats followed by anemia and enlargement of the spleen in the longer term. If we have Malaria, it means that we have hit an unconscious terror and have lost our sense of self and our ability to receive. We feel as if we are not good enough or strong enough for what we are called to do. We are overwhelmed by our negativity and have more anger than we can vent. This represents our deep belief that our mother broke her promise to nurture and look after us. This could be the excuse we need to become independent because we feel roped in and tied down. It is likely that we are writing a dark story about our life.

Related Body Parts: [Spleen](#)

Related Problems: [Chills](#), [Fever](#), [Sweating](#), [Anemia](#), [Infection](#)

Related Body Systems: [Circulatory System](#)

Note: In the actual e-Book there will also be page numbers in case you wish to print it out